

MOOR PARK HIGH SCHOOL: CURRICULUM

Key Stage 3 Long Term Planning

Year 7

INTENT: To develop social, physical, mental and emotional skills through sport.

Faculty Area: PE

Year 7	Transition/Baseline Autumn 1	Autumn 1 & 2	Spring 1	Spring 2	Summer 1	Summer 2
Knowledge	<p>'Qualities of Success' Resilience (Persona & Physical ME) Organisation (Social ME) Reflection (Thinking ME)</p> <p>Knowledge of safety rules and regulations. Knowledge of Moor Park Warm Up. Knowledge of 'ME in PE' assessment framework.</p>	<p>Netball & Football Knowledge of basic ball skills in isolation and competition. Rules of the game. Positions.</p>	<p>Table tennis Technique and performance of basic skills in isolation and competition. Rules of the game. Scoring. Basic tactics.</p> <p>Dance Knowledge of rhythm and timing e.g counting beats. Knowledge of basic dance steps and compositional ideas.</p>	<p>Rounders/Cricket Technique and performance of basic skills in isolation and competition. Rules of the game. Positions</p> <p>Fitness Knowledge of the importance of exercise and how it affects our bodies.</p>	<p>Athletics Technique and performance of basic skills in isolation and competition. Rules of the event</p>	<p>Rounders/Cricket Technique and performance of basic skills in isolation and competition. Rules of the game</p>
Skills	<p>Establishing classroom and changing room routines.</p> <p>Baseline Development/assessment of social, physical, mental and personal skills. Alongside healthy behaviours. (Social ME, Physical ME, Thinking ME, Personal ME).</p>	<p>Netball Basic footwork (stick-step landing, pivot) Basic passing (chest & bounce) Basic marking (ball and person) Basic evasion (creating space) Basic shooting. Game play (positions, areas of the court, rules)</p> <p>Football Basic passing Basic control & dribbling Turning Basic defending – 1v1 Basic attacking – 1v1 Shooting Creating space and marking</p>	<p>Table tennis Basic tactics. Basic decision making. Basic problem solving. Basic evaluation.</p> <p>Dance Improve self-esteem Develop confidence Linking movements. Control & fluency Timing & Rhythm</p>	<p>Rounders/Cricket Cooperation Collaboration Listening skills Sportsmanship Teamwork</p> <p>Fitness Sustained effort. Warming up effectively. How to monitor heart rate. How to exercise effectively.</p>	<p>Athletics Self- management Resilience. Sustaining effort Confidence Determination</p>	<p>Rounders/Cricket Cooperation Collaboration Listening skills Communication skills Sportsmanship Teamwork</p>
Connections to previous learning	<p>KS2 Locomotion skills i.e running, jogging, walking, hopping.</p> <p>KS2 Fundamental skills – balance, jumping,</p>	<p>Y7 Transition - Knowledge of the Moor Park Warm up.</p>	<p>KS2 problem solving and decision making.</p> <p>Y7 Transition –</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>KS2 Invasion games.</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>KS2 athletic skills</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>KS2 Striking and</p>

MOOR PARK HIGH SCHOOL: CURRICULUM

	<p>landing and turning.</p> <p>KS2 Ball skills – throwing, catching, kicking, rolling, striking.</p> <p>KS2 Social skills - Communication and teamwork skills.</p>	<p>KS2 Locomotion skills – twisting, turning, balancing, running, jogging.</p> <p>KS2 Invasion games. /ball skills – throwing, catching, kicking.</p>	<p>Personal ME; resilience, confidence, wellbeing.</p>	<p>KS2 Striking and fielding sports – throwing, catching, running.</p> <p>Y7 Transition – Social ME; teamwork, sportsmanship, communication.</p>	<p>Y7 Dance Personal ME skills – confidence, resilience, determination.</p>	<p>fielding sports/ Y7 Cricket – throwing, catching, fielding, batting. Social skills – communication, cooperation and teamwork.</p>
Assessment	<p><i>Baseline assessment:</i> Weekly assessment in each of the 4 'ME's in PE'.</p>	<p><i>Practical netball & football assessment – Physical ME.</i></p>	<p><i>Practical table tennis assessment – Thinking ME.</i></p> <p><i>Practical dance assessment – Physical & Personal ME.</i></p>	<p><i>Practical Fitness assessment – Physical ME</i></p>	<p><i>Practical athletics assessment – Personal ME.</i></p>	<p><i>Practical rounders/cricket assessment – Social ME.</i></p>
Homework	<p>Remembering full Moor Park PE kit</p>	<p>Remembering full Moor Park PE kit</p>	<p>Remembering full Moor Park PE kit</p>	<p>Remembering full Moor Park PE kit</p>	<p>Remembering full Moor Park PE kit</p>	<p>Remembering full Moor Park PE kit</p>
Cultural enrichment including Trips, Visits, Experiences, Extra-curricular	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p> <p>Interform competition</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p> <p>Sports day</p>
Numeracy	<p>Basic mathematical problem-solving calculations; addition, subtraction, multiplication.</p>	<p>Scoring, umpiring, calculating points totals.</p>	<p>Scoring, umpiring, calculating points totals.</p> <p>Counting beats.</p>	<p>Scoring, umpiring, calculating points totals.</p> <p>Basic Math's calculations for heart rate.</p>	<p>Measuring distances, recording times.</p>	<p>Scoring, umpiring, calculating points totals.</p>
Literacy	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p> <p>Use of keywords and spelling test.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Written tasks.</p> <p>Recording results.</p> <p>Use of formal talk.</p> <p>Key words spelling test.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p> <p>Recording results.</p> <p>Key words spelling test.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p> <p>Key words spelling test.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p> <p>Recording results.</p> <p>Key words spelling test.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p> <p>Key words spelling test.</p>
CIAG			<p>Careers lesson – 1 x Sports Studies taster session</p>			

Key Stage 3 Long Term Planning

Year 8 INTENT: To embed social, physical, mental and emotional skills through sport.

Faculty Area: PE

Year 8	Autumn 1 & 2	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Knowledge	Basketball/Netball/Football Knowledge of ball skills in isolation and competition. Rules of the game. Positions. Tactics.	Orienteering Knowledge of safety rules and regulations. Key features of a map. Points of a compass. Basic orienteering techniques; using key features.	Table tennis Technique and performance of basic skills in isolation and competition. Rules of the game. Umpiring. Intermediate tactics Gymnastics Technique and performance of basic gymnastic skills. Sequencing moves together for final a performance. Fitness Fitness testing Components of fitness Types of training Goal setting Monitoring heart rate Effects of exercise	Table Tennis/Gymnastics/Fitness See Spring 1 Basketball/Netball/Football See Autumn 1	Athletics Technique and performance of basic skills in isolation and competition. Rules of the event Basic tactics	Rounders/Cricket Technique and performance of intermediate skills in isolation and competition. Rules of the game Basic tactics
Skills	Establishing classroom and changing room routines. Basketball Basic basketball skills e.g passing, dribbling, shooting etc. Communication skills Sportsmanship Teamwork Football Varied passing. Dribbling to beat a defender - strong and weak foot. Defending as a team.	Orienteering Map reading. Decision making. Basic navigation. Problem solving. Basic evaluation.	Table tennis Use of tactics. Decision making. Problem solving. Evaluation. Giving feedback. Gymnastics Fundamental movement skills. Balances (individual & partner), travel, jumps, turns & rolls. Fluency of movements and linking ideas.	Table Tennis/Gymnastics/Fitness See Spring 1 Basketball/Netball/Football See Autumn 1	Athletics Self-management Resilience. Sustaining effort Confidence Determination	Rounders/Cricket Cooperation Collaboration Listening skills Communication skills Sportsmanship Teamwork

MOOR PARK HIGH SCHOOL: CURRICULUM

	<p>Attacking as a team. Finishing. Evasion.</p> <p>Netball Footwork (Pivot, two-foot landing) Passing & receiving (on the move) Marking (man to man) Evasion (losing a defender) Shooting (against a defender) Game play (positions, basic tactics)</p>		<p>Fitness Taking heart rate Monitoring the effect of exercise. Planning exercise. Sustained effort Resilience.</p>			
Connections to previous learning	<p>Knowledge of the Moor Park Warm up.</p> <p>Y7 fundamental skills – running, jogging, turning, bending, reaching etc.</p> <p>Y7 Social ME skills – cooperation, teamwork & communication.</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>Y7 fundamental skills – running, jogging.</p>	<p>Y7 Table Tennis – techniques, rules and regulations, basic tactics, basic decision making, basic problem solving, basic evaluation.</p> <p>KS2 Gymnastics – balances, rolls, jumps and turns.</p>	<p>Table Tennis/Gymnastics/Fitness See Spring 1</p> <p>Basketball/Netball/Football See Autumn 1</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>KS2 athletics – running, jumping, throwing,</p> <p>Y7 Personal ME skills – resilience, effort, commitment.</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>KS2/Y7 Rounders/cricket - batting, bowling, fielding, communication, teamwork.</p>
Assessment	<p><i>Practical basketball assessment – Social ME.</i></p> <p><i>Practical netball & football assessment – Physical ME.</i></p>	<p><i>Practical orienteering assessment – Thinking ME.</i></p>	<p><i>Practical table tennis assessment – Thinking ME.</i></p> <p><i>Practical gymnastics & Fitness assessment – Physical ME.</i></p>	<p>Table Tennis/Gymnastics/Fitness See Spring 1</p> <p>Basketball/Netball/Football See Autumn 1</p>	<p><i>Practical athletics assessment – Personal ME.</i></p>	<p><i>Practical rounders/cricket assessment – Social ME.</i></p>
Homework	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit
Cultural enrichment including Trips, Visits, Experiences, Extra-curricular	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p> <p>Interform competition</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p> <p>Sports day</p>
Numeracy	Scoring, umpiring, calculating points totals.	Basic mathematical problem-solving calculations; addition, subtraction, multiplication.	Scoring, umpiring, calculating points totals.	Scoring, umpiring, calculating points totals.	Measuring distances, recording times.	Scoring, umpiring, calculating points totals.
Literacy	<p>Reading of learning objectives and success criteria.</p> <p>Written tasks.</p> <p>Recording results.</p> <p>Use of formal talk.</p>	<p>Map reading.</p> <p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p> <p>Recording results.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p> <p>Key words spelling test.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p> <p>Recording results.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p> <p>Key words spelling test.</p>

MOOR PARK HIGH SCHOOL: CURRICULUM

	Key words spelling test.	Key words spelling test.	Key words spelling test.		Key words spelling test.	
CIAG			Careers lesson – 1 x Sports Studies taster session			

MOOR PARK HIGH SCHOOL: CURRICULUM

Key Stage 3 Long Term Planning

Year 9 INTENT: To consolidate social, physical, mental and emotional skills through sport.

Faculty Area: PE

Year 9	Autumn 1 & 2	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Knowledge	<p>Basketball Knowledge of intermediate ball skills in isolation and competition. Rules of the game. Positions. Tactics.</p> <p>Short Tennis Technique and performance of skills in isolation and competition. Rules of the game. Umpiring. Styles of play.</p>	<p>Orienteering Knowledge of safety rules and regulations. Knowledge of competition rules and regulations. Features of a map. Points of a compass. Terrain. Orienteering techniques; thumbing, handrailing.</p>	<p>Table tennis/Dodgeball Technique and performance of intermediate skills in isolation and competition. Rules of the game. Umpiring. Styles of play.</p>	<p>Netball Knowledge of intermediate ball skills in isolation and competition. Rules of the game. Positions. Tactics.</p> <p>Volleyball Knowledge of Basic ball skills in isolation and competition. Rules of the game. Positions.</p>	<p>Athletics Technique and performance of intermediate skills in isolation and competition. Rules of the event/game. Tactics</p>	<p>Cricket/Softball Technique and performance of advanced skills in isolation and competition. Rules of the game Tactics</p>
Skills	<p>Establishing classroom and changing room routines.</p> <p>Basketball Basketball skills e.g pass selection, dribbling to beta defenders, lay-ups, rebounds etc. Communication skills Sportsmanship Teamwork</p> <p>Short Tennis Ball control Grip & Stance Movement across court Serving Receiving Basic backhand/forehand</p>	<p>Orienteering Map reading. Navigation. Decision making. Problem solving. Planning. Analysis. Goal setting.</p>	<p>Table tennis/Dodgeball Use of tactics. Decision making. Problem solving. Planning. Analysis. Goal setting. Giving feedback. Officiating</p>	<p>Netball Footwork at speed (Pivot, two-foot landing) Passing & receiving (movement patterns & positions) Marking (man to man) Evasion (losing a defender) Shooting (creating space in the 'D') Game play (positions, basic tactics)</p> <p>Volleyball Ball control Set Dig Serve Linking shots Positions & rotation</p>	<p>Athletics Self- management Resilience. Sustaining effort Confidence Determination</p>	<p>Cricket/Softball Organisation Communication Teamwork Leadership Officiating Analysing Goal setting</p>
Connections to previous learning	<p>Knowledge of the Moor Park Warm up.</p> <p>Y8 fundamental skills – running, jogging, turning,</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>Y8 Orienteering – map reading, decision making,</p>	<p>Y8 Table Tennis – techniques, rules and regulations. Thinking ME skills - tactics, decision making, problem solving,</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>Y7/8 invasion games –passing, marking, evasion, shooting,</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>Y8 athletic skills – running, jumping,</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>Y8 striking sports - batting, bowling, fielding.</p>

MOOR PARK HIGH SCHOOL: CURRICULUM

	bending, reaching etc. Y8 Social ME skills – cooperation, teamwork & communication. Y8 table tennis skills – serving and receiving.	problem solving and cooperation/teamwork.	evaluation. Y8/9 Social ME skills - communication, teamwork, collaboration. Y7/8/9 ball skills – throwing, catching, dodging.	rules and regulations. Y7/8 net games – scoring, serving, boundary rules. Y8/9 Thinking ME – decision making, problem solving, tactical awareness.	throwing, pacing, resilience. Y8 Personal ME skills – Confidence, effort, determination, resilience. Y8/9 Social ME skills - communication, teamwork, collaboration.	Y8/9 Social Me skills - communication, teamwork.
Assessment	<i>Practical basketball assessment – Social ME.</i> <i>Practical short tennis assessment – Physical ME.</i>	<i>Practical orienteering assessment – Thinking ME.</i>	<i>Practical table tennis & dodgeball assessment – Thinking ME.</i>	<i>Practical Netball & Volleyball assessment – Physical ME.</i>	<i>Practical athletics assessment – Personal ME.</i>	<i>Practical cricket/softball assessment – Social ME.</i>
Homework	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit
Cultural enrichment including Trips, Visits, Experiences, Extra-curricular	Weekly extra-curricular sports clubs at lunch time and after school. District competitions, tournaments and league fixtures.	Weekly extra-curricular sports clubs at lunch time and after school. District competitions, tournaments and league fixtures. Interform competition	Weekly extra-curricular sports clubs at lunch time and after school. District competitions, tournaments and league fixtures.	Weekly extra-curricular sports clubs at lunch time and after school. District competitions, tournaments and league fixtures.	Weekly extra-curricular sports clubs at lunch time and after school. District competitions, tournaments and league fixtures.	Weekly extra-curricular sports clubs at lunch time and after school. District competitions, tournaments and league fixtures. Sports day
Numeracy	Scoring, umpiring, calculating points totals.	Basic mathematical problem-solving calculations; addition, subtraction, multiplication.	Scoring, umpiring, calculating points totals.	Scoring, umpiring, calculating points totals.	Measuring distances, recording times.	Scoring, umpiring, calculating points totals.
Literacy	Reading of learning objectives and success criteria. Written tasks. Recording results. Use of formal talk. Key words spelling test.	Map reading. Reading of learning objectives and success criteria. Use of formal talk. Key words spelling test.	Reading of learning objectives and success criteria. Use of formal talk. Recording results. Key words spelling test.	Reading of learning objectives and success criteria. Use of formal talk. Key words spelling test.	Reading of learning objectives and success criteria. Use of formal talk. Recording results. Key words spelling test.	Reading of learning objectives and success criteria. Use of formal talk. Key words spelling test.
CIAG			Careers lesson – 1 x Sports Studies taster session			

MOOR PARK HIGH SCHOOL: CURRICULUM

Key Stage 4 Long Term Planning

Year 10 INTENT: To promote social, physical, mental and emotional well-being and develop healthy active lifestyles in later life.

Curriculum Area: PE

Year 10	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1 & 2
<p>Knowledge</p> <p>Basketball/Netball/Short Tennis Technique and performance of advanced skills in isolation and competition. Rules of the game. Tactics</p> <p>Health and Well-being The importance of exercise. The physical, emotional and mental benefits.</p>	<p>Basketball/Football Technique and performance of advanced skills in isolation and competition. Rules of the game. Tactics</p>	<p>Table tennis/Dodgeball Technique and performance of advanced skills in isolation and competition. Singles/doubles – rules & tactics.</p>	<p>Short Tennis/Volleyball Technique and performance of advanced skills in isolation and competition. Rules of the game. Tactics</p>	<p>Athletics/Badminton/Rounders Technique and performance of advanced skills in isolation and competition. Rules of the game/event. Tactics</p>	
<p>Skills</p> <p>Establishing classroom and changing room routines.</p> <p>Basketball/Netball/Short Tennis Development of Y9 skills & continuing to embed: Teamwork Resilience Cooperation Effective communication Problem solving Leadership Confidence Mental and physical wellbeing</p> <p>Health and Well-being Developing healthy behaviors & attitudes. Responsibility for own health and well-being. Goal setting. Self-reflection.</p>	<p>Basketball/Football Development of Y9 skills & continuing to embed: Teamwork Resilience Cooperation Effective communication Problem solving Leadership Confidence Mental and physical wellbeing</p>	<p>Table tennis/Dodgeball Development of Y9 skills & continuing to embed: Teamwork Resilience Cooperation Effective communication Problem solving Leadership Confidence Mental and physical wellbeing</p>	<p>Short Tennis/Volleyball Development of Y9 skills & continuing to embed: Teamwork Resilience Cooperation Effective communication Problem solving Leadership Confidence Mental and physical wellbeing</p>	<p>Athletics/Badminton/Rounders Development of Y9 skills & continuing to embed: Teamwork Resilience Cooperation Effective communication Problem solving Leadership Confidence Mental and physical wellbeing</p>	
<p>Connections to previous learning</p>	<p>Knowledge of the Moor Park Warm up. KS3 fundamental skills –</p>	<p>Knowledge of the Moor Park Warm up. Autumn 1 & KS3 Social ME</p>	<p>KS3 Table Tennis – techniques, rules and regulations. Thinking ME skills - tactics, decision</p>	<p>Knowledge of the Moor Park Warm up. KS3 invasion games –</p>	<p>Knowledge of the Moor Park Warm up. KS3 athletic skills – running, jumping, throwing, pacing, resilience.</p>

MOOR PARK HIGH SCHOOL: CURRICULUM

	<p>running, jogging, turning, bending, reaching etc.</p> <p>KS3 Social ME skills – cooperation, teamwork & communication.</p> <p>KS3 Healthy ME skills – warming up, tracing heart rate.</p>	<p>skills – cooperation, teamwork & communication.</p> <p>Autumn1 & KS3 – umpiring and ball skills.</p>	<p>making, problem solving, evaluation.</p> <p>KS3 Social ME skills - communication, teamwork, collaboration.</p> <p>KS3 ball skills – throwing, catching, dodging.</p>	<p>passing, marking, evasion, shooting, rules and regulations.</p> <p>KS3 net games – scoring, serving, boundary rules.</p> <p>KS3 Thinking ME – decision making, problem solving, tactical awareness.</p>	<p>KS3 Personal ME skills – Confidence, effort, determination, resilience.</p> <p>KS3 Social ME skills - communication, teamwork, collaboration.</p>
Homework	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit
Cultural enrichment including Trips, Visits, Experiences, Extra-curricular	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>	<p>Weekly extra-curricular sports clubs at lunch time and after school.</p> <p>District competitions, tournaments and league fixtures.</p>
Numeracy	Scoring, umpiring, calculating points totals.	Scoring, umpiring, calculating points totals.	Scoring, umpiring, calculating points totals.	Scoring, umpiring, calculating points totals.	<p>Measuring distances, recording times.</p> <p>Scoring, umpiring, calculating points totals.</p>
Literacy	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p> <p>Recording results.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p> <p>Recording results.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p>	<p>Reading of learning objectives and success criteria.</p> <p>Use of formal talk.</p> <p>Recording results.</p>
CIAG			Those taking Sports Studies – will participate in a lesson linked to R055 unit (working in the sports industry).		

MOOR PARK HIGH SCHOOL: CURRICULUM

Key Stage 4 Long Term Planning

Year 11 INTENT: To promote social, physical, mental and emotional well-being and embed healthy active lifestyles in later life.

Curriculum Area: PE

Year 11	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1
Knowledge	<p>Basketball/Netball/Short Tennis Technique and performance of advanced skills in isolation and competition. Rules of the game. Tactics</p> <p>Health and Well-being The importance of exercise. The physical, emotional and mental benefits.</p>	<p>Basketball/Football Technique and performance of advanced skills in isolation and competition. Rules of the game. Tactics</p>	<p>Table tennis/Dodgeball Technique and performance of advanced skills in isolation and competition. Singles/doubles – rules & tactics.</p>	<p>Netball/Volleyball Technique and performance of advanced skills in isolation and competition. Rules of the game. Tactics</p>	<p>Pupil Voice Sport e.g Badminton/Short Tennis Technique and performance of skills in isolation and competition and rules.</p>
Skills	<p>Establishing classroom and changing room routines.</p> <p>Basketball/Netball/Short Tennis Development of Y9 skills & continuing to embed: Teamwork Resilience Cooperation Effective communication Problem solving Leadership Confidence Mental and physical wellbeing</p> <p>Health and Well-being Developing healthy behaviors & attitudes. Responsibility for own health and well-being. Goal setting. Self-reflection.</p>	<p>Basketball/Football Development of Y9 skills & continuing to embed: Teamwork Resilience Cooperation Effective communication Problem solving Leadership Confidence Mental and physical wellbeing</p>	<p>Table tennis/Dodgeball Development of KS3/4 skills & continuing to embed: Teamwork Resilience Cooperation Effective communication Problem solving Leadership Confidence Mental and physical wellbeing</p>	<p>Netball/Volleyball Development of KS3/4 skills & continuing to embed: Teamwork Resilience Cooperation Effective communication Problem solving Leadership Confidence Mental and physical wellbeing</p>	<p>Embedding of KS3/4 skills: Teamwork Resilience Cooperation Effective communication Problem solving Leadership Confidence Mental and physical wellbeing</p>
Connections to previous learning	<p>Knowledge of the Moor Park Warm up.</p> <p>KS3 fundamental skills – running, jogging, turning, bending, reaching etc.</p> <p>KS3 Social ME skills – cooperation,</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>Autumn 1 & KS3 Social ME skills – cooperation, teamwork & communication.</p> <p>Autumn1 & KS3 – umpiring and</p>	<p>KS3/4 Table Tennis – techniques, rules and regulations. Thinking ME skills - tactics, decision making, problem solving, evaluation.</p> <p>KS3 Social ME skills - communication, teamwork, collaboration.</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>KS3/4 invasion games –passing, marking, evasion, shooting, rules and regulations.</p> <p>KS3/4 net games – scoring, serving,</p>	<p>Knowledge of the Moor Park Warm up.</p> <p>KS3/4 physical, mental, emotional and social skills.</p>

MOOR PARK HIGH SCHOOL: CURRICULUM

	teamwork & communication. KS3 Healthy ME skills – warming up, tracing heart rate.	ball skills.	KS3 ball skills – throwing, catching, dodging.	boundary rules. KS3 Thinking ME – decision making, problem solving, tactical awareness.	
Homework	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit	Remembering full Moor Park PE kit
Cultural enrichment including Trips, Visits, Experiences, Extra-curricular	Weekly extra-curricular sports clubs at lunch time and after school. District competitions, tournaments and league fixtures.	Weekly extra-curricular sports clubs at lunch time and after school. District competitions, tournaments and league fixtures.	Weekly extra-curricular sports clubs at lunch time and after school.	Weekly extra-curricular sports clubs at lunch time and after school.	Weekly extra-curricular sports clubs at lunch time and after school.
Numeracy	Scoring, umpiring, calculating points totals.	Scoring, umpiring, calculating points totals.	Scoring, umpiring, calculating points totals.	Scoring, umpiring, calculating points totals.	Scoring, umpiring, calculating points totals.
Literacy	Reading of learning objectives and success criteria. Use of formal talk. Recording results.	Reading of learning objectives and success criteria. Use of formal talk.	Reading of learning objectives and success criteria. Use of formal talk. Recording results.	Reading of learning objectives and success criteria. Use of formal talk. Recording results.	Reading of learning objectives and success criteria. Use of formal talk. Recording results.
CIAG			Those taking Sports Studies – will participate in a lesson linked to R055 unit (working in the sports industry).		