

MOOR PARK HIGH SCHOOL: CURRICULUM

Key Stage 4 Long Term Planning

Year 10 2021-2022 SYLLABUS: Level 1/2 OCR Cambridge National in Sports Studies

Curriculum Area: Sports Studies

Year 10	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Syllabus	R052: Developing sports skills (in Table Tennis, Badminton, Football, Netball, Basketball, Hockey)	R052: Developing sports skills (in Table Tennis, Badminton, Football, Netball, Basketball, Hockey)	R051: Contemporary issues in sport.	R051: Contemporary issues in sport.	R051: Contemporary issues in sport.	R052: Developing sports skills
Connections to previous learning	LO1 and LO2 builds on previously learnt skills and tactics from KS3 PE. This includes individual sports (e.g. badminton and table tennis) and team sports (e.g. football, basketball, netball, hockey)	LO1 and LO2 builds on previously learnt skills and tactics from KS3 PE. This includes individual sports (e.g. badminton and table tennis) and team sports (e.g. football, basketball, netball, hockey)	LO2 – links to KS3 PE where values such as fair play and sportsmanship are encouraged.	LO2 – links to KS3 PE where values such as fair play and sportsmanship are encouraged.	LO2 – links to KS3 PE where values such as fair play and sportsmanship are encouraged.	LO1 and LO2 builds on previously learnt skills and tactics from KS3 PE. This includes individual sports (e.g. badminton and table tennis) and team sports (e.g. football, basketball, netball, hockey)
Knowledge	LO1: Be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in an activity. LO2: Be able to use skills, techniques and tactics/strategies/compositional ideas as a team performer in an activity.	LO3: Be able to officiate in a sporting activity. LO4: Be able to apply practice methods to support improvement in sporting activity.	LO1: Understand the issues which affect participation in sport. LO2: Know the role of sport in promoting values	LO3: Understand the importance of hosting major sporting events LO4: Know about the roles of national governing bodies in sport.	How to revise effectively Revision of PLC 'Red' areas	LO4: Be able to apply practice methods to support improvement in sporting activity.
Skills	LO1: Individual sport skills in isolation and competition. LO2: Team sport skills in isolation and competition.	LO3: communication, confidence, application of rules and regulations, how to carry out a risk assessment, implementation of safety procedures. LO4: Analysing own performance. Planning practice sessions to	Exam technique How to structure 8-mark answers	Exam technique How to structure 8-mark answers Effective revision	Effective revision Exam technique	Critical evaluation Video analysis Peer assessment & feedback Designing practice sessions Measuring improvement

MOOR PARK HIGH SCHOOL: CURRICULUM

		improve performance. Reflection and critical evaluation.				
Assessment	LO1: Practical assessment in an individual sport. Skills are assessed in isolation and competition. LO2: Practical assessment in a team sport. Skills are assessed in isolation and competition.	LO3: Practical assessment of officiating within a sport.	60 minute written mock exam paper	60 minute written mock exam paper 60 minute written mock exam paper	<i>External examination – 60 minute written paper May 2020</i>	LO4: Written assignment
Homework	Three homework pieces set including: 1. Sporting profile. 2. Research task on badminton rules. 3. Research task on table tennis rules.	Three homework pieces set including: 1. Quiz based task – badminton. 2. Quiz based task – table tennis. 3. Practice methods questions	Two homework pieces set including: LO1 – exam style questions LO2 – research and video based.	Two homework pieces set including: LO3 – research based task. LO4 – researched based task.	In preparation for the end of unit exam homework will focus on practicing exam style questions.	Research tasks – i.e. practice drills, warmup ideas etc.
Cultural enrichment including Trips, Visits, Experiences, Extra-curricular	Weekly extra-curricular opportunity to practice sports skills at sports clubs at lunch time and after school (e.g Netball, Basketball, Football, Badminton, Table Tennis).	Weekly extra-curricular opportunity to practice officiating at sports clubs at lunch time and after school (e.g Netball, Basketball, Football, Badminton, Table Tennis). Opportunity to officiate within interform competitions. Weekly extra-curricular opportunity after school to access support in completing assignments.	Weekly extra-curricular opportunity to practice sports skills at sports clubs at lunch time and after school to aid LO4.	Weekly extra-curricular opportunity for exam practice/revision after school. Extra-curricular revision school within the Easter holidays.	Weekly extra-curricular opportunity for exam practice/revision after school.	Weekly extra-curricular opportunity after school to access support in completing assignments.
Literacy	Sport specific vocabulary, reading of learning objectives and outcomes, reading of skill progressions, technique cards, rules and regulations, assessment criteria and feedback. Verbal & written feedback given. Working in teams/groups/pairs developing communication skills, leadership and peer	Sport specific vocabulary, reading of learning objectives and outcomes, reading of skill progressions, technique cards, rules and regulations, assessment criteria and feedback. Verbal & written feedback given. Evaluative writing within LO4 assessment.	Sport/exam specific vocabulary, reading of learning objectives and outcomes, reading of exam questions, assessment criteria and feedback. Verbal & written feedback given. Written 1-8 mark exam questions including extended writing. Verbal peer revision within	Sport/exam specific vocabulary, reading of learning objectives and outcomes, reading of exam questions, assessment criteria and feedback. Verbal & written feedback given. Written 1-8 mark exam questions including extended writing. Verbal peer revision within Kagan techniques and peer	Sport/exam specific vocabulary, reading of learning objectives and outcomes, reading of exam questions, assessment criteria and feedback. Verbal & written feedback given. Written 1-8 mark exam questions including extended writing. Verbal peer revision within Kagan techniques and peer	Sport/assignment specific vocabulary, reading of learning objectives and outcomes, reading of assessment criteria and feedback. Verbal & written feedback given. Evaluative and analytical writing within LO4 assessment.

MOOR PARK HIGH SCHOOL: CURRICULUM

	coaching/assessment.		Kagan techniques and peer coaching.	coaching.	coaching.	
Numeracy	Key numeric skills practiced and utilized within scoring systems when umpiring; constructing league tables and fixtures.	Key numeric skills practiced and utilized within scoring systems when umpiring; constructing league tables and fixtures. Shot percentages, success rate, and accuracy rates used during performance analysis of their own performance.	Calculating score percentages, grade boundaries and exam time management.	Calculating score percentages, grade boundaries and exam time management.	Calculating score percentages, grade boundaries and exam time management.	Shot percentages, success rate, and accuracy rates used during performance analysis of their own performance.
CIAG					A lesson linked to R055 unit (working in the sports industry)	

Key Stage 4 Long Term Planning

Year 11 2021-2022 SYLLABUS: Level 1/2 OCR Cambridge National in Sports Studies

Curriculum Area: Sports Studies

Year 11	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1
Syllabus	R052: Developing sports skills (in Table Tennis, Badminton, Football, Netball, Basketball)	R053: Sports Leadership (in basketball, netball & football)	R053: Sports Leadership (in basketball & football)	R053: Sports Leadership (in basketball & football)	
Knowledge	LO2: Be able to use skills, techniques and tactics/strategies/compositional ideas as a team performer in an activity. LO4: Be able to apply practice methods to support improvement in sporting activity.	LO1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership. LO2: Be able to plan a sports activity session.	LO2: Be able to plan a sports activity session. LO3: Be able to deliver a sports activity session.	LO3: Be able to deliver a sports activity session. LO4: Be able to evaluate won performance in delivering sports activity session.	
Skills	LO2: Team sport skills in isolation and competition. LO4: Analysing own performance. Planning practice sessions to improve performance. Reflection and critical evaluation.	LO1: Researching, observing, working independently, meeting a deadline. LO2: Researching, observing, planning, preparation and analysis of risk, working independently, meeting a deadline.	LO2: Researching, observing, planning, preparation and analysis of risk, working independently, meeting a deadline. LO3: Leadership, communication, delivery, adaptability, problem solving.	LO3: Leadership, communication, delivery, adaptability, problem solving. LO4: reflection, evaluation, analysis, working independently, meeting a deadline.	
Connections to previous learning	KS3 & KS4 Core PE – Football, Netball, Table Tennis, Basketball, Badminton. Y10 Spring 1 - R052: LO4	KS4 leaderships skills – Social ME. Autumn 1 knowledge of how to complete assignments, working to deadlines etc.	Autumn 2 – LO2 knowledge of how to complete assignments, working to deadlines etc. KS4 leaderships skills – Social ME.	Spring 1 – Leadership, communication and delivery skills. KS4 evaluative skills, peer and self-assessment, performance analysis – Thinking ME.	

MOOR PARK HIGH SCHOOL: CURRICULUM

Assessment	<p>LO2: Practical assessment in a team sport. Skills are assessed in isolation and competition.</p> <p>LO4: Written assignment</p>	<p>LO1: Written assignment</p> <p>LO2: Written session plan assignment</p>	<p>LO3: Practical session delivery assessment.</p>	<p>LO3: Practical session delivery assessment.</p> <p>LO4: Written assignment</p>	
Homework	<p>Three homework pieces set including:</p> <ol style="list-style-type: none"> 4. Keyword and definitions task. 5. Research task. 6. Reflective task. 	<p>Four homework pieces set including:</p> <ol style="list-style-type: none"> 4. Keyword and definitions task. 5. Research task x2 6. Consolidation of knowledge task. 	<p>LO2: 2 x research tasks will be set in preparation for assignment completion.</p> <p>LO3: Homework throughout this unit will consist of continually practicing and rehearsing their sports session ready for assessment.</p>	<p>LO3: Homework throughout this unit will consist of continually practicing and rehearsing their sports session ready for assessment.</p> <p>LO4: 2 x reflective tasks will be set in preparation for assignment completion.</p>	
Cultural enrichment including Trips, Visits, Experiences, Extra-curricular	<p>Weekly extra-curricular opportunity to practice officiating at sports clubs at lunch time and after school (e.g Netball, Basketball, Football, Badminton, Table Tennis).</p> <p>Opportunity to officiate within interform competitions.</p> <p>Weekly extra-curricular opportunity after school to access support in completing assignments.</p>	<p>Weekly extra-curricular opportunity to practice leadership skills at lunch time and after school in basketball or football.</p> <p>Weekly extra-curricular opportunity after school to access support in completing assignments.</p>	<p>Weekly extra-curricular opportunity to practice leadership skills at lunch time and after school in basketball or football.</p> <p>Weekly extra-curricular opportunity after school to access support in completing assignments.</p>	<p>Weekly extra-curricular opportunity to practice leadership skills at lunch time and after school in basketball or football.</p> <p>Weekly extra-curricular opportunity after school to access support in completing assignments.</p>	
Literacy	<p>Sport specific vocabulary, reading of learning objectives and outcomes, reading of skill progressions, technique cards, rules and regulations, assessment criteria and feedback.</p> <p>Verbal & written feedback given. Evaluative writing within LO4 assessment.</p>	<p>Sport specific vocabulary, reading of learning objectives and outcomes, reading of skill progressions, technique cards, rules and regulations, assessment criteria and feedback.</p> <p>Verbal & written feedback given. Written work within assignments. Communication skills developed within coaching and leadership roles.</p>	<p>Sport specific vocabulary, reading of learning objectives and outcomes, reading of skill progressions, technique cards, rules and regulations, assessment criteria and feedback.</p> <p>Verbal & written feedback given. Written evaluative work within assignments. Communication skills developed within coaching and leadership roles.</p>	<p>Sport specific vocabulary, reading of learning objectives and outcomes, reading of skill progressions, technique cards, rules and regulations, assessment criteria and feedback.</p> <p>Verbal & written feedback given. Written evaluative work within assignments. Communication skills developed within coaching and leadership roles.</p>	
Numeracy		<p>Time management and organization of the class into groups when planning coaching sessions.</p> <p>Hazard and risk ratings within risk assessments.</p>	<p>Time management and organization of the class into groups when delivering coaching sessions.</p>	<p>Time management and organization of the class into groups when delivering coaching sessions.</p>	



MOOR PARK HIGH SCHOOL: CURRICULUM