

OCR Cambridge National Sports Studies

Year 10

	Topics Covered	Common Assessed Pieces (CAPS)
YEAR 10 AUTUMN TERM Weeks – 1- 15 5 Sept – 21 Dec 2018	R052: Developing Sports Skills LO1: Be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity. LO2: Be able to use skills, techniques and tactics/strategies/compositional ideas as a team performer in sporting activity. LO3: Be able to officiate in a sporting activity.	Cumulative grading of all practical assessments completed from unit R052.
YEAR 10 SPRING TERM Weeks –16-27 7 Jan - 5 April 2019	R052: Developing Sports Skills LO4: Be able to apply practice methods to support improvement in a sporting activity. R053: Sports Leadership LO1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership. LO2: Be able to plan sports activity sessions.	Cumulative grading of all practical assessments/ coursework from units R052 and R053.
YEAR 10 SUMMER TERM Weeks – 28- 39 23 April- 23 July 2019	R053: Sports Leadership LO3: Be able to deliver sports activity session. LO4: Be able to evaluate own performance in delivering a sports activity session.	Cumulative grading of all practical assessments/ coursework from units R052 and R053.